Aqua Class

Aqua Class has had a great start to the year! All of the seven boys; Oliver, Cameron, Luke Sy, Alan, Zac, Luke Si and James in Aqua Class will be graduating this year so they are taking on more responsibilities in preparation. School Service Jobs such as recycling, delivering paper products, canteen preparation, gardening, and laundry were jobs last year but two of our students will be extending their school service to helping in the Library and the Art room. Oliver has also begun a TAFE course on Fridays in hospitality!

Aqua class is also combining with Orange class on several occasions through the week for school service and work skills, fitness and PE, canteen and yoga, history, So Safe, and PBEL lessons. We are also combining and regrouping students with Aqua, Orange and Pink classes for literacy, canteen and Community Access on Fridays.

We are very excited about the year ahead and are looking forward to working together with the families of all of the boys towards their transition to their post school choices.

Janice and Gary
Welcome to week 3.

Last week was the first full week of school for our students and it was a very smooth and productive start to the year. We have had a few lost personal items however and I would like to remind parents to ensure that all of their children’s items are labelled with their name especially hats and jumpers which often are removed by students in the playground. Often other students pick them up and take them to their classrooms where they remain - if labelled, teachers will return it to their owners.

This week’s feature class is Aqua Class which is our year 12 group. They have settled in well to their final year of school and are engaged in a range of programs within the school and the community. We have also commenced the Special Olympics for our primary students which is a very popular program even for our very youngest students which the photos in this edition demonstrate.

Invitations for our Parent Information Evening this week were sent out last week and thank you to those parents who have indicated they will be attending. It will be held this Wednesday, 10 February from 5:30-7:00pm, refreshments will be available from 5:30 and the meetings will commence at 5:45. As well as a general outline of our programs we will be conducting a short information session regarding the NDIS (National Disability Insurance Scheme) which is currently due to commence in the middle of 2016. The session will focus on eligibility and the steps required by families to register. We look forward to seeing many of our parents on this night and it is also a good opportunity for parents to meet other parents as well as staff working with their children this year. This is a general information session, specific individual planning meetings for each student will be held over the next few weeks and will be arranged in consultation with class teachers and families.

Unfortunately the beginning of the school year has seen the emergence of some nasty bugs which are going around our school. For the safety of all of our students, if your child seems unwell they should stay home so as not to infect other students especially at our school where some students have compromised immune systems. It is sometimes hard to ascertain with certain minor bugs so I have included again the department’s “Too Sick for School” chart which gives a guide as to which ailments require time away from school and for how long. The major bug at the moment is gastroenteritis including vomiting and diarrhoea which spreads quickly to other students and staff. If your child has either of these symptoms please keep them at home for at least 24 hours after the symptoms cease, this is the recommendation of NSW Health.

Finally, we welcome two new interns to our school this term. Nikky Wu, who is from China and Camilla Holm from Denmark. Nikky will be with us until the end of this term and Camilla will be here until June. We hope they enjoy their time here as much as we are enjoying having them here.

Regards,

Christine
Special Olympics

We are participating in the Special Olympics program on a Friday again this year. Rainbow, Purple, White, Orange and Aqua classes are all enjoying the Special Olympics program. We welcome Jamie as our new coach this year. The students have been enjoying some great physical activities with Special Olympics - soccer ball games, obstacle courses, throwing and catching.

Special Olympics conducts a range of programs after school and on weekends. If you are interested in finding out more please contact your class teacher.

Here are some photos to show how much fun the classes are having at Special Olympics this year.
# Assembly Awards

**Term 1 Week 2**
1st Feb—5th Feb

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Awarded For:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conor, Jake, Sophie, Adam</td>
<td>Rainbow</td>
<td>Settling well into Rainbow Class</td>
</tr>
<tr>
<td>Ryan</td>
<td>Purple</td>
<td>Taking turns and waiting well during structured play</td>
</tr>
<tr>
<td>Kai</td>
<td>Blue</td>
<td>Great independent work in Blue Class</td>
</tr>
<tr>
<td>Lex</td>
<td>White</td>
<td>Settling in well first week back at school</td>
</tr>
<tr>
<td>Lucy</td>
<td>Red</td>
<td>Explaining the scent of the day by using her sense of smell</td>
</tr>
<tr>
<td>Anita</td>
<td>Yellow</td>
<td>Helping her friends on the playground equipment</td>
</tr>
<tr>
<td>Sam</td>
<td>Green</td>
<td>Doing fantastic desk work independently at his desk</td>
</tr>
<tr>
<td>Zac</td>
<td>Green</td>
<td>Settling into Cromehurst School well</td>
</tr>
<tr>
<td>Ben</td>
<td>Pink</td>
<td>Good attitude to work</td>
</tr>
<tr>
<td>Nancy</td>
<td>Orange</td>
<td>Leading the group to shopping</td>
</tr>
<tr>
<td>Luke Si</td>
<td>Aqua</td>
<td>Settling in well to Aqua Class</td>
</tr>
<tr>
<td>Bennie</td>
<td>Music</td>
<td>Performing brilliantly in bush dancing</td>
</tr>
<tr>
<td>Gelo</td>
<td>Art</td>
<td>Creating a brilliant background in art</td>
</tr>
</tbody>
</table>

![Well done!](image)
General News

GOLF DAY & DINNER

We need your help. To raise money for the Cromehurst School and Cottage we would like to assemble “Themed” Hampers to sell at the silent auction. We would love families to help our cause by donating items over 3 weeks.

OUR THEMES

Week 1. Monday 8th – Friday 12th Feb.

A Gardening Hamper – products such as gardening gloves, up-to-date garden magazines, packets of flower/vegetable seeds, snail bait, osmcote, sprinklers etc.


A Pamper Hamper – products such as facial wipes, cleansing lotion, body lotion, sunscreen, hand cream, moisturising cream, hair care etc.

Week 3 Monday – 22nd – Friday 26th Feb.

A Tea and Coffee Hamper – products such as an assortment of teas, jars of coffee, packets of coffee beans, vouchers for coffee, new coffee mugs, biscuits to have with coffee.

All donations will be greatly appreciated – even unwanted Christmas items! Please give generously and send to school via your child or leave at the office.

Any queries contact Jill Henriks    Phone:- 04190 15 721

or email:-  cromehurstgolf@gmail.com

Golf Day Committee
### Too sick for school?

Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Symptoms</th>
<th>Duration/Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bronchitis</td>
<td>Coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.</td>
<td>... until they are feeling better. Antibiotics may be needed.</td>
</tr>
<tr>
<td>Chickenpox (Varicella)</td>
<td>Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.</td>
<td>... for 5 days from the onset of the rash and the blisters have dried.</td>
</tr>
<tr>
<td>Conjunctivitis</td>
<td>The eye feels 'scratchy', is red and may water. Lids may stick together on waking.</td>
<td>... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.</td>
</tr>
<tr>
<td>Diarrhoea (no organism identified)</td>
<td>Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.</td>
<td>... for at least 24 hours after diarrhoea stops.</td>
</tr>
<tr>
<td>Fever</td>
<td>A temperature of 38.5°C or more in older infants and children.</td>
<td>... until temperature is normal.</td>
</tr>
<tr>
<td>Gastroenteritis</td>
<td>A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.</td>
<td>... for at least 24 hours after diarrhoea and/or vomiting stops.</td>
</tr>
<tr>
<td>German measles (Rubella)</td>
<td>Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.</td>
<td>... for at least 4 days after the rash appears.</td>
</tr>
<tr>
<td>Glandular Fever (Mononucleosis, EBV infection)</td>
<td>Symptoms include fever, headache, sore throat, tiredness, swollen nodes.</td>
<td>... unless they’re feeling unwell.</td>
</tr>
<tr>
<td>Hand, Foot and Mouth Disease (HFMD)</td>
<td>Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.</td>
<td>... until all blisters have dried.</td>
</tr>
<tr>
<td>Hayfever (allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke</td>
<td>Sneezing, a blocked or runny nose [rhinitis], itchy eyes, nose and throat, headaches.</td>
<td>... unless they feel unwell or are taking a medication which makes them sleepy.</td>
</tr>
<tr>
<td>Head lice or nits* (Pediculosis)</td>
<td>Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.</td>
<td>... while continuing to treat head lice each night. Tell the school.</td>
</tr>
</tbody>
</table>
YOU'RE INVITED TO THE 21ST ANNUAL

Cromehurst
CHARITY GOLF DAY AND DINNER

WEDNESDAY MARCH 16TH, 2016
ROSEVILLE GOLF CLUB, 4 LINKS AVE ROSEVILLE

Start the day with a BBQ lunch followed by 18 holes of Ambrose format golf on a superb course. Wind down at the end of play with a cold refreshment, pre dinner canapes and entertainment in the bar, followed by dinner, entertainment and auctions in the function room.

SILENT AUCTIONS
A great range of experiences and items to bid on throughout the evening.

RAFFLES
Available to buy on the course and during the dinner.

WINE TASTINGS
A lovely selection of Tandaree Wines, will be available on 2 holes.

LIVE AUCTIONS
Bid on exciting items such as experiences, memorabilia, sporting events and more...

A FUN FILLED EVENING OF ENTERTAINMENT

The Cromehurst Foundation

This is a registered charity providing essential facilities, resources and programs for children and adults with an intellectual disability, including those with high support needs who attend or have previously attended Cromehurst Special School. One of the essential facilities is an independent living skills program conducted in The Cottage. There is no government funding for past and present students of Cromehurst Special School who live in The Cottage during the week and learn many of the skills essential for daily living, such as cooking, cleaning and shopping as a complement to their school programs. The Foundation keeps the Cottage running as well as supporting Cromehurst Special School.
ABOUT CROMEHURST AND HOW YOUR SPONSORSHIP WILL HELP

Cromehurst Special School

supports students with moderate and severe intellectual and physical disabilities. Our principle aim at Cromehurst is to develop student independence through the delivery of the K-12 curriculum, enabling students to be valued members of their community.

www.cromehurst-s.schools.nsw.edu.au

YOUR DONATIONS AND SPONSORSHIP WILL SUPPORT THE CROMEHURST LIVING SKILLS COTTAGE AND THE SCHOOLS INDIVIDUALISED EDUCATIONAL PROGRAMS.

HOW YOU CAN SPONSOR THIS EVENT -

GOLD SPONSOR $3,000
Includes golf, light lunch, pre dinner canapes and dinner for 8 people and 4 golf carts. Golf course signage, preferential seating at the dinner and sponsorship acknowledgement throughout the event.

SILVER SPONSOR $1,500
Includes golf, light lunch, pre dinner canapes and dinner for 4 people and 2 golf carts. Golf course signage, preferential seating at the dinner and sponsorship acknowledgement throughout the event.

4 PERSON TEAM $800
Includes golf, light lunch, pre dinner canapes and dinner for 4 people.

INDIVIDUAL GOLF/DINNER $200pp
Individuals are welcome to join us for golf, light lunch, pre dinner canapes and dinner.

INDIVIDUAL DINNER $100pp
Includes pre dinner canapes and dinner. Participate in live and silent auctions, raffles, and entertainment.

AUCTION ITEMS FOR THE CHARITY DINNER WOULD BE APPRECIATED
If you have any donations please email cromehurstgolf@gmail.com

HOW TO REGISTER YOUR SPONSORSHIP -

All registrations can be made online through Trybooking. See below for details.

1. Go to www.trybooking.com/170618
2. Click on 'continue booking'
3. Follow the online prompts to complete the registration and payment

If you experience any problems, please email your concerns to cromehurstgolf@gmail.com

Limited spaces, so book fast! We look forward to seeing you there!
POST SCHOOL OPTIONS

EXPO'S

FOR STUDENTS WITH disABILITY

25th May - The Concourse Chatswood
26th July - Rooty Hill RSL
2nd August - Castle Hill RSL

Don't miss this opportunity to promote your service at the Post School Options Expos in Western and Northern Sydney!

Disability Employment Service - Transition to Work Programs - Community Participation Programs - TAFE Teacher Consultants - ADHC and Centrelink Representatives - Apprenticeships and Traineeships Representatives - Leisure, Respite and Recreation Providers.

Contacts:
NDCO Western Sydney
Bernard Sobiesiak
E: b.sobiesiak@westernsydney.edu.au

NDCO Northern Sydney
Kelli Simmons
E: simmonske@missionaustralia.com.au

Afford
Angela Wilkinson
E: angela.wilkinson@afford.com.au
Save the Date

2016 School Leavers Expo for students with (dis)Ability

Wednesday
25th May 2016
11am – 6pm
The Concourse
409 Victoria Ave Chatswood

For any enquiries please contact
Kelli Simmons - NDCO
simmonske@missionaustralia.com.au
02 8848 6503
0477 386 120