IPADS

We are using iPads at our school in many ways. We use the iPads as a communication tool with Proloquo2go and it helps the students to express their needs, wants and feelings. We use the iPads for educational outcomes using reading games apps, maths apps, talking apps, handwriting apps, listening and sounds apps. We also love using the iPads for social stories or videomodelling the correct behaviour. Our transition to our new school location was helped by looking at a social story on the iPad about The move. In the senior school, they are showing the students a video of how to do a certain work skill, the student watches the video and then does the work skill independently.

The staff are sharing ideas all the time on the best apps to use on the iPad or how to use the iPad in the classrooms. From a recent Spectronics conference, some great apps they recommended are:

- Book creator – very easy to use, allows you to make social stories with sound and videos in it.
- iMovie - another great app to use for social stories
- Video Downloader - free app allows you to take videos off the YouTube and download them onto your camera roll.
- Show Me app - like using the Interactive Whiteboard
- Calm Talk - allows you to express how the student is feeling and some choices of things to do if the student needs a break
- Wait4me to help students with concept of waiting
- Iearnedthat - each time do something good, they get a puzzle piece when puzzle piece completed they get to do the activity that shows on the puzzle.

In Proloquo2go they now have new Australian voices, you can listen to an Australian voice instead of an American voice. To download these voices, go into Proloquo2go, into settings, touch the cogs button, then touch the Speech button and press the voices with Australia flag next to it. If you have any questions about the iPads please ring up the school and ask, and if you have some great apps you use with your child at home please write in the communication book and let us know at school too. Melinda
Welcome to week 10 and the final week of term 3

Last week many of our senior students attended a five day camp at Berry. This is an annual event which the students really enjoy and provides an opportunity for them to engage in new activities and practice living skills and socialisation skills outside of the school environment. This week’s newsletter features some fabulous photos of the week’s activities and students having a fantastic time. Although there were some very tired looking students and staff upon their return on Friday afternoon all agreed it was very successful and worthwhile. These overnight excursion would not be possible without the commitment of staff to give up their time to attend and be on duty 24 hours per day. Thank you to Claire Saunders, Yolanda Lui, Gary Jackson, Cheryl Stivano and Sally Pridge and the staff of the Sport and Recreation camp who supported our students to participate in all activities.

September is officially Fruit and Vegetable month and our school has registered as a participant to reinforce healthy eating habits across the school. This compliments our “Crunch and Sip” program which all classes participate in at various points in the day. The focus of this week’s assembly is fruits and vegetables we eat and following that we will have a whole school crunch and sip session on the deck. Please assist us to make this successful by ensuring your child has a piece of fruit to eat during this time on Wednesday and a bottle of water if possible.

With the end of the term fast approaching we are aware that our students often find the vacation period unsettling as it is a major change to their known routines. If you are aware of any vacation plans for your child (family holiday, vacation care, special outing etc) could you please inform your child’s teacher. This will enable us to talk to your child and perhaps provide some visual supports to help them be better prepared for the change in their routines.

Following the terrible winds and bushfires which occurred last week there was a lot of smoke and pollen in the air which had an effect on both students and staff last week. If you know your child has a reaction to smoke or high pollen levels could you let the school know and ensure any preventative medication they need to take for these reactions is given at home. We are also getting regular notifications from the Rural Fire Service regarding back burning in preparation for bushfire season. When notified of intentions to back burn the school will issue a note home to parents as we have done on two occasions already. A copy of the schools risk management for bushfire is available on the schools website.

Our building countdown update (if the schedule remains unchanged) has now fallen below the 100 school days mark- 96 school days. Let the countdown continue.

Christine
Patience is Key

Studies have shown that it can take up to 10 times for a child to accept new foods. Stimulate your child to try a new fruit or veg by persisting and encouraging them.

You can also try preparing fruit and veg in a new and creative way. Consider grating carrots and zucchini to add to bolognese or baking muffins packed with sultanas and grated carrots. Turn pizza making into a competition for who can incorporate the most vegies onto their dough. Sneak new kinds of fruit into smoothies or mix amongst already loved fruit in the form of a skewer. The options and combinations are limitless!

Fruit

<table>
<thead>
<tr>
<th></th>
<th>Serves per day</th>
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</thead>
<tbody>
<tr>
<td>Boys</td>
<td>2-3 years</td>
</tr>
<tr>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Girls</td>
<td>1</td>
</tr>
</tbody>
</table>

A standard serving of fruit is about 150g (350kJ) or:
- 1 medium apple, banana, orange or pear
- 1 cup diced or canned fruit (no added sugar)
- 2 small apricots, kiwi fruits or plums
Berry Camp

After packing the bus with all the cases and bags, 11 excited students set off for Berry on the south coast last Monday. After a break at Sublime Point for morning tea, we continued on to Berry for a late lunch. We were then shown our rooms for the 5 days and unpacked our bags and “claimed” our bunks!

Rob was our sport and recreation helper for the first 3 days and took us to feed the chickens with all the lunch scraps. Some students were keen to pat the chooks and discover how soft their feathers were, while others preferred to stay outside the enclosure and watch. We then went for a walk through the paddocks only to be followed by the cows. I think James Y has “cow whisperer” skills as they wanted to follow him very closely! We kept walking to the creek and looked for fish, without luck. After a walk back to the dining area, we played basketball, table tennis, hula hooped and Gary and Hikaru even had a game of tennis. After dinner, we went to the gym for more activities and games with basketballs and frisbees; with the favourite being rolling the ball to hit the helmet targets.

Everyone was awake early on Tuesday as the weather was warm and breezy. Our first activity was the giant swing. Hikaru was our volunteer as Rob showed us all how to put on our harnesses so we would be safe when swinging up high. Hikaru was our first brave student and was pulled by other students up very high, before pulling the cord to release the hook, so he could swing freely. James Y and Yalanda were also brave and were pulled to the top, while many others enjoyed a small swing closer to the ground. James B enjoyed it so much he had 2 turns of swinging closer to the ground!

After lunch, Marion arrived for a visit as she had missed out on last year’s camp. She helped us at archery. Everyone enjoyed having many turns at aiming the arrow into the targets with Xavier improving every time he used his bow and arrow. He even scored a bull’s eye! Aidan understood what was required very quickly and was firing his arrows independently.

It was so hot that most of us went for a swim in the small pool that was down behind our rooms. It was very cold compared with our school pool, but no one seemed to mind. It was good to cool off after such a hot day. After dinner, we had a movie evening and watched “Despicable Me 2” which most students enjoyed.
**Wednesday** morning was cooler, so we all had a bit of a sleep-in. After breakfast we put on our swimmers and rash vests and walked down to the creek - Broughton Creek ready for canoeing. After we all put on our life jackets, it was decided that it was too windy to take out the canoes so we went paddling on giant inflatable tyre-like boats called “biscuits”. Everyone was a little apprehensive at first and only gained confidence once the first group had returned safely, dry and without falling-in! Most students had a turn and Charleen ran to get on for her ride. Once we were out on the creek, she was keen to paddle and then relax. Zac enjoyed his ride too. The dingy was used to tow us back to our starting place as the wind was too strong for us to paddle up stream very far. Jedd was so keen to get in the dingy that he climbed off the biscuit and over the edge of the dingy so he didn’t miss out! The dingy became keenly sort out for rides too, with Gary being an escort for some.

We drove the bus to Berry Beach (part of Seven Mile Beach) for an afternoon of beach fun. A few were brave to put their feet into the cold surf while most enjoyed digging in the sand, being buried or burying others in the sand, or building sand castles. Paddy enjoyed playing in the wet sand while Oliver created many sand castles and Sarah created flowers out of shells she found with Cheryl. After dinner, we had a campfire and enjoyed singing some songs, eating biscuits and milk for supper and then cooking marshmallows over the coals from the fire. We finished off the evening by writing our names with sparklers and 11 very tired students headed for showers and bed.

**Thursday** morning was a reptile session looking at blue tongue lizards, shingle back lizards and a snake. Zac was very curious and eventually plucked up the courage to pat the lizards. Luckily Gary has worked at the zoo so he knew how to handle the snake. After the reptiles, we were back in the gym for some climbing and swinging. After putting on our harnesses, Paddy and James Y were ready to climb. They climbed the rope net very quickly and showed us how strong their arms were. Other students helped to support the climbers (belaying them) and slowly let them come down once they had reached the top. Sarah was an expert at helping to belay the students. After the climbing we were all offered a turn on the rope swing which went across the gym – good fun was had by all. Zac especially liked to swing as did Sally and Claire!

After lunch we walked over a kilometre on a dirt road then on a small bush track to the cook-out area where we all made damper on a stick. Everyone had a taste and all agreed that it tasted good, especially with golden syrup poured in-
side. Some students had walked their legs off so had a ride in a 4-wheel drive tractor back to base. Some were brave and had a swim in the pool again, but the weather was quite cool so they did not stay in for long. Jedd entertained us with his pre-swim dance moves!

It was warm showers for the swimmers then to dinner and the gym again for a final climbing session on milk crates and then more rope swings and dancing. Everyone was so tired after a very busy and active day that it was early to bed.

Friday was pack up morning, breakfast, clean teeth, pack the bus, say our farewells and thank you’s and back to Sydney. Engadine was our stop for morning tea and lunch before arriving back at school by 2 pm – all tired but happy to have had such a fun filled camp.

A huge thanks to Sally, Yolanda, Gary and Cheryl for coming away for the 5 days and being such wonderful team players and helpers for all of the students. Thank you, Claire
Week 9 Term 3
9th—13th Sept

CROMEHURST

Awards

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Awarded For:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jack</td>
<td>Rainbow</td>
<td>Collecting his lunch and taking it to his table</td>
</tr>
<tr>
<td>Lucy</td>
<td>Purple</td>
<td>Smiling at her friends and teachers</td>
</tr>
<tr>
<td>Pulasthi</td>
<td>Orange</td>
<td>Working hard on reading</td>
</tr>
<tr>
<td>Amy</td>
<td>Orange</td>
<td>Participating well in whole school activities</td>
</tr>
<tr>
<td>Nancy</td>
<td>White</td>
<td>Helping to run the class during</td>
</tr>
<tr>
<td>Alan</td>
<td>Blue</td>
<td>Coming into class and unpacking his bag when the bell rings</td>
</tr>
</tbody>
</table>

PBEL Stars

To create a consistent whole school approach for safe and effective learning”

Our students continue to develop social skills linked to our expectations of

“Be Safe” “Be Friendly” and “Learn Together”.

This week our students of the week are:

Amy — Learning together—Participating

Hannah—Learning Together—Participating in more activities
Events for your Diary

(Please note: Newly added events will be in **bold**)

17th Sept—School Sports Day
18th Sept—Assembly Celebrating Fruit & Veg Month
18th Sept—Assembly Celebrating Fruit & Veg Month
6th Nov—Immunisation Yr 7 Boys & Girls Yr 9 Boys
20th Sept—Last Day of Term 3
8th Oct—Students Return to School

4th Dec—Graduation and Secondary Awards
11th Dec—Christmas Concert
18th Dec—Last day of Term 4
28th Jan—Staff Development Day
29th Jan—Students Return to School

Building Progress Week 14